

TRANSITIONING TO SECONDARY SCHOOL: MANAGING WORRIES

1 hour Online Parent & Child Workshop

**Does your child attend a Wandsworth school?
Are they experiencing worries about transitioning to secondary school?**

Would you and your child like some top tips on building confidence around starting secondary school?

We aim to offer a fun & interactive space to you & your child to learn about anxiety & develop strategies to feel more confident about starting secondary school.

We are running this workshop across the summer holidays and will confirm the times & dates by email when we know how many people would like to attend.

IF YOU ARE INTERESTED IN ATTENDING:

**Email WandsworthWP@swlstg.nhs.uk.
Please state which school your child attends.**

Wandsworth Children & Young People's Wellbeing Service